PROGRAM DETAILS

Subject: Shells of Strength: Oliver's Hospital Outreach – Kindness Challenge for Young Patients

Program Overview

The **Shells of Strength: Oliver's Hospital Outreach** is a kindness-focused program designed to uplift young patients by encouraging small acts of kindness, resilience, and positive engagement during their hospital stay. Inspired by *Oliver and His Extraordinary Shell by Lollie Brock*, this initiative offers children an interactive way to celebrate their strength and kindness through earning badges and receiving special recognition.

How the Program Works

- Children Earn Kindness Badges: Hospital staff, Child Life Specialists, or volunteers award Kindness Badges when a child demonstrates acts of bravery, respect or positivity.
- 2. **Tracking Progress: The Shells of Strength Kindness Chart**, a visual board or personal badge tracker can help children see their progress.
- Kindness Champion Certificate: Once a child earns a set number of badges, they
 receive a Shells of Strength Champion Certificate as a keepsake and recognition of
 their strength.

Badges & How to Earn Them

- Good Helper Badge: Earned by children who consistently assist hospital staff, parents, or other patients with small tasks such as tidying up, helping pass items or being a supportive presence for others.
- Courage Badge: Staying positive during a difficult time.
- Bravery Badge: Facing a procedure or treatment with courage.
- **Hope Badge:** Stay positive and share a hopeful message with others.
- Bright Smile Badge: Make someone smile or laugh today...
- Good Friend Badge: Making a new friend or supporting another child.
- Love Badge: Show care by writing a kind note or expressing appreciation.

Implementation in the Hospital

- Hospital staff, Child Life Specialists or parents can use the Shells of Strength
 Kindness Chart throughout the child's stay to track the child's acts of kindness.
- Parents can be involved by encouraging and celebrating their child's achievements.
- The program can be integrated into existing therapeutic play and emotional support activities.
- Hospitals may choose to host a Kindness Celebration for children who complete the challenge.

For additional details or materials, please contact [Your Contact Information]. Thank you for bringing joy and encouragement to young patients through this program!

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