## **Program Details - Mighty Shells Kindness Challenge for Campers**

#### **Program Overview**

Mighty Shells - Camp Edition is a fun and engaging initiative designed to encourage campers to practice **kindness**, **resilience**, **and teamwork** while enjoying their camp experience. Inspired by the children's book *Oliver and His Extraordinary Shell*, this program helps campers build confidence, support one another, and celebrate their unique strengths through **interactive activities and badge-earning challenges**.

## **How the Program Works**

- Campers Earn Badges: Camp counselors and staff will award Mighty Shells Badges when campers demonstrate key values such as bravery, teamwork, kindness, and perseverance.
- 2. **Tracking Progress:** The **Mighty Shells Camp Kindness Chart** can be used to track camper participation and badge collection.
- Mighty Shells Champion Certificate: Once a camper earns a designated number of badges, they receive a Mighty Shells Champion Certificate to celebrate their positive impact on the camp community.

# **Badges & How to Earn Them**

- **Bravery Badge:** Awarded to campers who try something new, face a fear (like swimming or hiking), or take on a challenge with confidence.
- **Courage Badge:** Given to campers who demonstrate leadership, take responsibility for their actions, or stand up for a friend.
- **Good Friend Badge:** Earned by campers who include others, help a fellow camper feel welcome, or make a new friend.
- Respect Badge: Earned by campers who listen attentively, follow camp rules, and treat others—including nature—with respect.
- Honesty Badge: Being truthful and demonstrating integrity in all situations.
- Love Badge: Expressing appreciation, writing a kind note, or spreading positivity.
- **Good Helper Badge:** Taking initiative to clean up, organize, or assist with camp activities.

### **Implementation at Camp**

- Counselors and staff distribute badges throughout daily activities, during meals, or at campfire gatherings. Staff can use stickers or markers to show campers completing badges on the kindness chart.
- Camps may host **weekly or end-of-session kindness recognitions** to celebrate campers' achievements.
- The program can be incorporated into team-building exercises, leadership activities, and outdoor challenges.
- At the end of the camp session, campers who complete the challenge receive a Mighty Shells Champion Certificate and recognition for their contributions to the camp community.

For questions or additional materials, please reach out to [Your Contact Information]. Thank you for helping create a **supportive and encouraging camp environment** where every camper can shine!